

PSHE Association Curriculum Expectations KS2 (subscription needed for full content)	Year 3			Year 4			Year 5			Year 6		
	Aut	Spr	Sum	Aut	Spr	Sum	Aut	Spr	Sum	Aut	Spr	Sum
Health and Wellbeing what is meant by a healthy lifestyle												
how to maintain physical, mental and emotional health and wellbeing												
how to manage risks to physical and emotional health and wellbeing												
ways of keeping physically and emotionally safe												
about managing change												
how to make informed choices about health and wellbeing and to recognise sources of help with this												
how to respond in an emergency												
to identify different influences on health and wellbeing												
Relationships how to develop and maintain a variety of healthy relationships, within a range of social/cultural contexts												
how to recognise and manage emotions within a range of relationships												
how to recognise risky or negative relationships including all forms of bullying and abuse												
how to respond to risky or negative relationships and ask for help												
how to respect equality and diversity in relationships.												
Wider World about respect for self and others and the importance of responsible behaviours and actions												
about rights and responsibilities as members of families, other groups and ultimately as citizens												
about different groups and communities												
to respect equality and to be a productive member of a diverse community												
about the importance of respecting and protecting the environment												
about where money comes from, keeping it safe and the importance of managing it effectively												
how money plays an important part in people's lives												
a basic understanding of enterprise.												